



Sports and Recreation Committee Chairman's Message



Sr Lesly Lam Chairman

The HKIS Sailing Team – Hebe Haven Yacht Club 24 Hours Charity Race (1st Runner-up in Bahia Class; Top 10 finish out of a fleet of 48 boats)

Team Captain and Coach: Vienna Pang/Alain Choi



HKIS members' and HKIS friends' support.

Hip Hip Hooray!!! Congratulations to the Sailing Team. With all members contributing in one way or another towards the same goal and exhibiting a full team spirit, we finally achieved a marvelous result, which we are all proud of, at the 24-Hour Charity Dinghy Race 2012 conducted by the Hebe Haven Yacht Club on 6 and 7 October 2012. Heartfelt thanks go to our

The race started at 2 PM on 6 October 2012. After the first four-hour race, we moved up to 4th in Bahia class and 27th among all boats. Two hours later, we climbed to 3rd and 21st overall. By midnight, we were 2nd in Bahia class and 17th overall. Despite past experiences telling us that positions usually change substantially after midnight, all members responsible for the night shift did a wonderful job by not only maintaining our 2nd place standing, but also pushing our overall standing to 14th before dawn on 7 Oct. By noon on the second day, we were up to 11th overall. The last two hours of the race were particularly exciting. With a great helm/crew partnership, we overtook many boats ahead of us and finally defended our 2nd place position in our class and attained a top 10 finish among all ships by the time the horn sounded at 2 PM on 7 October 2012.

Our team struggled (6th out of 7 in Bahia class and 31st out of 48 for all boats) from the start on the afternoon of 6 October 2012, but ended up finishing: (1) 2nd in Laser Bahia class and (2) in the Top 10 out of a fleet of 48 boats at the conclusion. This is a result of which we are all absolutely proud.



Joint Professional Tennis Tournament 2012 – Teammates in Full Gear

Team Captain: Harry Jan

The Joint Professional Tennis Tournament will be held in December 2012. Regular and tough practices for it have

occurred frequently. All teammates have confidence in a much more promising result in the tournament this year.



The HKIS Table Tennis Team - Joint Professional Table-tennis Tournament 2012

Team Captains: CY Jim/Ping Wong

The Joint Professional Table Tennis Tournament will be held from 12 PM to 8 PM on Sunday, 4 November 2012, at the Luen Wo Hui Sports Centre. Regular practices and friendly matches will then commence. Members are welcome to come support our teammates and witness our quest to win the championship again.



HKIS Running Team - 香港渣打馬拉松 The Hong Kong Standard Chartered Marathon 2013

Team Captain: Lesly Lam

“香港渣打馬拉松 The Hong Kong Standard Chartered Marathon 2013” will open for registration soon. Please let me know at leslylam@hkis.org.hk if you have registered for the competition and in which category so that the HKIS Running Team can form a strong running team to participate in the Joint Professional 10km, Half-Marathon, and Full Marathon on that day. For those who have yet to register, I still have some registration quotas in hand, so you can contact me to make the necessary arrangements for you.



Annual Recreation and Sports Night of the Law Society

The Chairman attended the Annual Recreation and Sports Night of the Law Society – “玩盡全城那些年”. The feeling of cohesion within the profession that was created by this annual event is remarkable. 🍷



**Tryouts are always open to all qualified members, probationers, and students.
We look forward to seeing you.**