

## CPD Organised by YSG

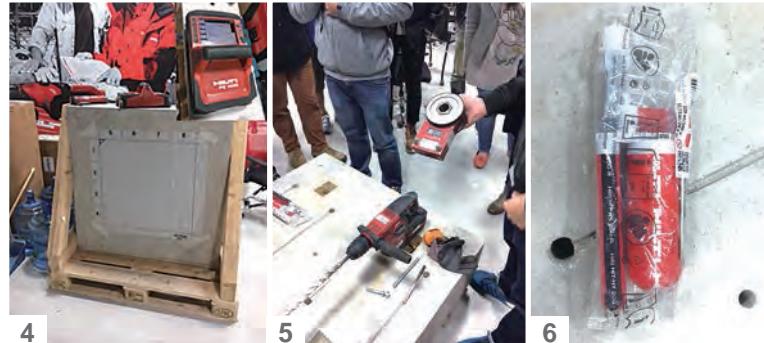
The YSG organised two visits in March.

### 1. Technical Visit to the Hilti Testing Laboratory and Training Centre on 4 March

(Reported by Sr Gigi Mok, YSG CPD Convener)



1. Participants' Group Photo
2. Souvenir presentation to Mr Isaac Mak, Head of Engineering, Hilti (Hong Kong) Limited
3. Hanger system introduction
4. Demonstration of the detection technology for scanning concrete by using the PS 1000 (one of the detection tools)
5. Anchor safety and design
6. Hilti Sealant



Throughout the presentation by Mr Isaac Mak, members noted Hilti's company profile, which stated that it produced and designed leading-edge technology, software, and services.

Mr Mak also demonstrated the use of a detection tool (Hilti PS 1000) so that participants could comprehend the current detection technology developed by Hilti to minimise the abortive works during construction.

With the introduction of the E&M space management and hanger system, members understood how Hilti's channel system could enhance productivity. Moreover, attendees learnt how anchors could control safety through the sharing of anchor safety and design concerns.

### 2. Joyous Golden Years Tour (2nd Visit) of the Hong Kong Housing Society's (HKHS) Elderly Resource Centre on 11 March

(Reported by Sr Gigi Mok, YSG CPD Convener, and Ms Candy Ho, YSG CPD Sub-committee Member)

Throughout the visit, members discovered the types of service the HKHS provided to the elderly including health screenings, exhibitions, trainings, professional consultations, and research on elderly-friendly housing. To understand the various needs of the elderly due to their physical and sensory changes as they aged, participants experienced different types of health screening using an advanced interactive assessment panel system.

Special design elements and factors to be considered for elderly-friendly housing were presented to the participants to show how a safe, barrier-free, and convenient environment for their livelihoods could be assured. Suggestions on special furniture and aids, such as anti-slip flooring to prevent falls and chairs with armrests to facilitate their movements, were exhibited inside a model elderly-friendly flat.

Special thanks go to the HKHS's Ms Selina SC Lo, Senior Manager (Elderly Services), and Ms Sabrina WT Li, Manager (Elderly Services), for their educational talks, which helped participants better understand the ageing process and the physical and mental changes that the elderly undergo during this fruitful and informative tour.



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7. Participants' Group Photo
8. Souvenir to Ms Selina SC Lo, Senior Manager (Elderly Services), HKHS
9. Explanation of the bodily functions of the elderly including cognitive, visual, hearing, and balancing abilities, as well as bone density in the Healthy Ageing Zone
10. Introduction of interactive computer games to test the bodily functions of the elderly including cognitive, visual, hearing, and balancing abilities, along with bone density
11. Introduction of a model bed suitable for the elderly
12. Introduction of a model flat's kitchen with skilled care materials suitable for the elderly
13. Model flat's bathtub with grab rails and removable seating panel suitable for elderly use
14. Model flat's shower compartments suitable for the elderly